

FROM NEW AGE

to Christ

ACUSHLA'S STORY



*“Therefore if any man be in Christ, he is a **new creature**: old things are **passed away**; behold, all things are **become new**.”*

2 Corinthians 5:17 (Bible)

My name is Acushla and this is my testimony of how I was saved (became a Christian) back in May 2022.

I grew up in a non-Christian home and as a child and teenager, I experienced quite a few traumas and was surrounded by drugs and alcohol. This led to a lifetime of anxiety and knowing that something was deeply wrong with me. Throughout my teenage years, I dealt with this by taking drugs, drinking and rebelling.

I was always very open spiritually and knew that there was a spiritual realm, with a belief that there were both good and bad spirits. I had a deep desire to know the truth of life and how I could heal from the traumas I'd experienced. I knew that truth and healing were somehow connected. My intense search for truth began in my teens and ended in May 2022 when I was saved.

For several years I would go on a Ouija board and ask to speak to my spirit guides who I thought were there to help me. I studied many spiritual belief systems and religions, but interestingly not Christianity. I thought the Bible was an old, outdated, dogmatic book written by men for men. This judgement was without having ever even opened it.

I was deceived in the new age movement for 25 years and tried, practiced, experienced nearly every false teaching in the new age that you can imagine, as well as following many false teachers. I also looked to dance as a gateway for healing and empowerment, and this lasted for 20 years with having my own dance school and teacher training programs.

After searching endlessly, it was obvious that the relief and bliss like experiences I had from many of these practices was always temporary and my thirst was never quenched. I was on an endless hamster wheel. I felt like I was somehow tainted from my childhood and wondered if I could ever heal, however there was always a deep knowing that there had to be a way. I am also grateful that I never gave up. Throughout my life and especially during the time of Covid the Lord opened my eyes to the corruption in the many world systems. This awareness also coincided with deciding to try a new age modality I hadn't tried before. I went to a woman who claimed to be a shaman. One exercise she had me do was to allow this spiritual attachment that she said I had, speak through me. It felt completely wrong at the time; however, I was willing to try anything to heal. After these sessions I felt my general sense of wellbeing start to decline and I had a frightening experience of being suffocated every time I'd try to

sleep. In hindsight I'm now aware it was demonic oppression which happened because of the many doors I had opened spiritually, especially the recent shamanic session.

I started to feel like I was spiritually rotting away and had no hope for my future. My relationship with my husband was on the decline and I remember saying to him that "no matter what I try to do to heal, nothing seems to work permanently". I wondered if I had to accept that I'd always be stuck in these cycles of anxiety, exhaustion and trauma triggers for the rest of my life.

About a month before I was saved, I was walking in the park and I noticed a card on the ground. The card had Psalm 91 written on it with an image on the back. At the time I ignored the Psalm, but I interpreted the image in my own 'New agey' way which showed the Lord protecting David from Goliath. For some reason I knew I had to keep it.

At this stage I believed in a God but as more of an impersonal Source energy, that responded to what I would think about or try to manifest. I knew that God was the answer to peace, but I felt I had to do endless practices in order to feel that peace. One night I was online and saw a post that a dancer friend had shared, and it was about testimonies of people coming out of new age and finding Jesus. I instantly felt triggered and so I immediately went to watch some of the testimonies. It was at this moment that the Lord removed the blindfold from my eyes. I saw the deception I had been in for the last 25 years and I was absolutely blown away.

I decided to burn and throw away everything I owned that had any connection to the occult and new age. At this point my family thought I was crazy, and even more so when I then experienced the most frightening 5 nights of my life where I was spiritually attacked. Satan knew he had lost me and it felt like a battle for my soul. Because I didn't know a single Christian, a friend gave me the number of a man called Gary who lived locally.

So, in desperation I called him and he ended up being a huge support to me. I remember calling Gary while I was under attack one day and he prayed over the phone, and as soon as he said the name 'Jesus' the attacks stopped. It was at this moment that I had the realization that Jesus Christ has all authority over the darkness and evil of this world.

That night in desperation I was on my knees praying for help, while also listening to Psalm 91 over and over again (which is the Psalm I had found on the card in the park a month before). The next day I remember being in bed all day unwell. The Lord led me through repentance where I saw how I had been rebelling against God and was a slave to sin unknowingly for my entire life. I cried for many hours and asked forgiveness, especially for my parenting mistakes.

That day I spoke to Gary on the phone and repeated a prayer asking the Lord Jesus into my heart. I knew Jesus was the truth and that I needed saving. All of this was without any of my family knowing as I knew they wouldn't understand. Praise God, my husband and children are now saved too.

I didn't really know what accepting Jesus would mean for my life. I woke up the next morning with a peace, love and a deep understanding that Jesus is the truth. I had finally found what I'd been craving and searching for my entire life. I knew I was freed from the pain of my childhood traumas, my addiction to sleeping tablets, my workaholic tendencies, my unhealthy relationship to food and so much more. The Lord gave me a new heart and I completely surrendered my life to Him. I hope you will repent of your sin and believe on Christ too! Jesus said, "...**repent** ye, and **believe** the gospel." (Mk 1:15)

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www.youtube.com/watch?v=p47_LOGkASA&t=1536s



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